I WAS A CLOSE CONTACT TO SOMEONE WHO HAS COVID-19, NOW WHAT?

Have you had COVID-19 in the past 90 days?

- YES
- NO

Are you fully vaccinated[1]?

- YES
- NO

Are 5-17 years old?

- YES
- NO

Have you received a booster?

- YES
- NO

Are you eligible for a booster[2]?

- NO
- YES

NO QUARANTINE RECOMMENDED

- You do not need to stay home.
- Get tested on day 5 following your last exposure, if possible.
- Wear a well-fitted mask for the entire 10 days following your last exposure.
- If you develop symptoms at any time, begin isolation and stay home.

QUARANTINE RECOMMENDED

- You should stay home for 5 days following your last exposure.
- Get tested on day 5 following your last exposure, if possible.
- If you do not test positive or develop symptoms by day 5, you may leave your home.
- Wear a well-fitted mask for the entire 10 days following your last exposure.
- If you develop symptoms at any time, begin isolation and stay home.

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¹ **Fully vaccinated**: Individuals are considered fully vaccinated against COVID-19 2 weeks after the 2nd dose of an mRNA (Pfizer or Moderna) primary vaccination series or 2 weeks after the single dose of a Johnson & Johnson primary vaccination.

² **COVID-19 Booster Dose Eligibility**:
- Individuals ages 12+ years old who completed a <u>Pfizer</u> COVID-19 vaccine primary series MORE than 5 months ago are eligible for a booster dose.
- Individuals ages 18+ years old who completed a <u>Moderna</u> COVID-19 vaccine primary series MORE than 5 months ago are eligible for a booster dose.
- Individuals ages 18+ years old who completed a <u>Johnson & Johnson</u> COVID-19 vaccine primary dose MORE than 2 months ago are eligible for a booster dose.
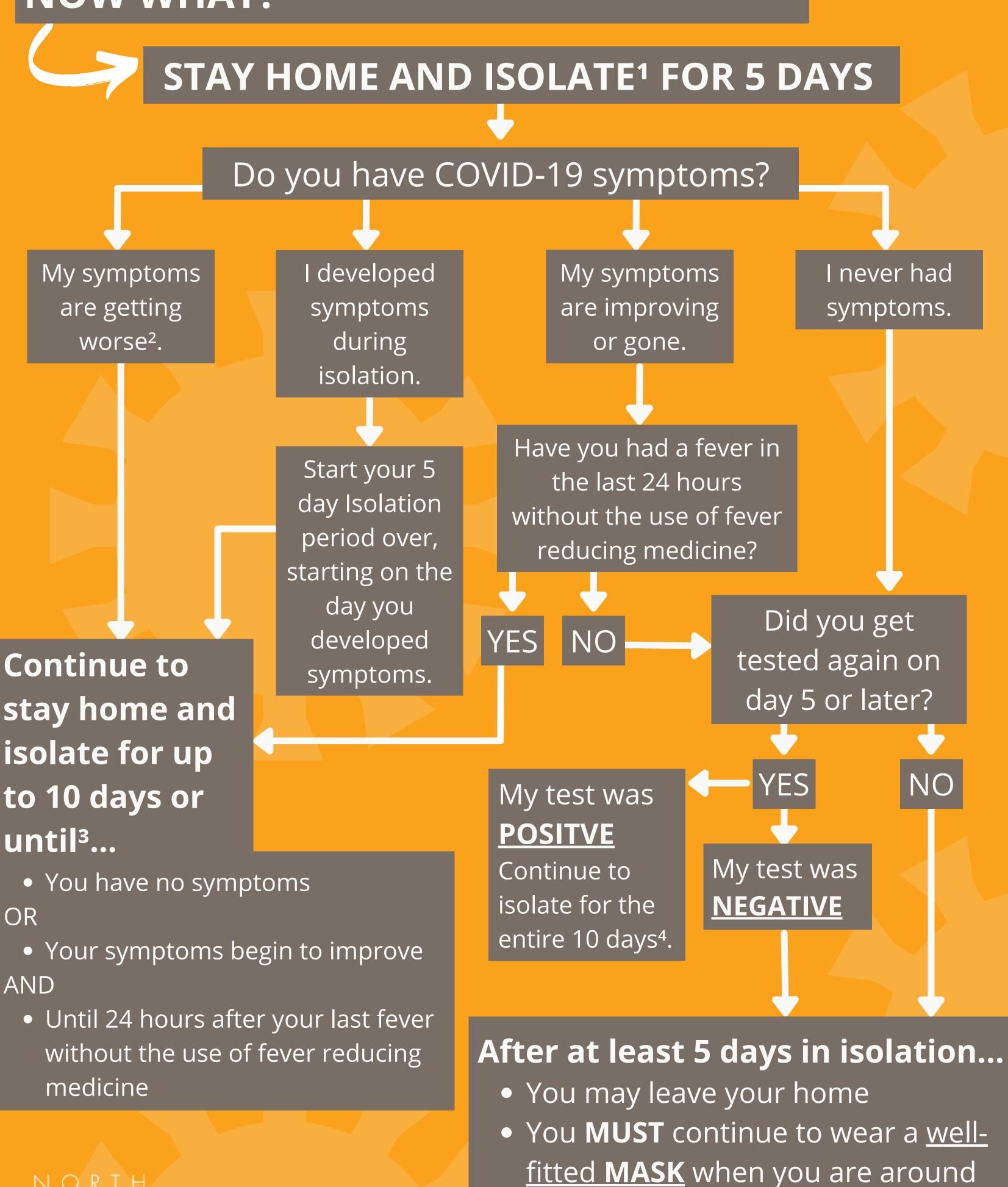
Stay Up to Date on Your COVID-19 Vaccines!
CDC recommends that people remain up to date with their vaccines, which includes additional doses for individuals who are immunocompromised or booster doses at regular time points. Individuals who are moderately or severely immunocompromised should get an additional primary shot and a booster shot. For more information on staying up to date with your COVID-19 vaccines:
<u>Stay Up to Date with Your Vaccines | CDC</u>

I WAS TESTED POSITIVE FOR COVID-19, NOW WHAT?

STAY HOME AND ISOLATE[1] FOR 5 DAYS

Do you have COVID-19 symptoms?

My symptoms are getting worse[2].

I developed symptoms during isolation.

My symptoms are improving or gone.

I never had symptoms.

Start your 5 day Isolation period over, starting on the day you developed symptoms.

Have you had a fever in the last 24 hours without the use of fever reducing medicine?

YES   NO

Did you get tested again on day 5 or later?

YES   NO

Continue to stay home and isolate for up to 10 days or until[3]...
- You have no symptoms
OR
- Your symptoms begin to improve
AND
- Until 24 hours after your last fever without the use of fever reducing medicine

My test was **POSITVE**
Continue to isolate for the entire 10 days[4].

My test was **NEGATIVE**

After at least 5 days in isolation...
- You may leave your home
- You **MUST** continue to wear a well-fitted **MASK** when you are around others for 5 more days

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¹ Isolation:

Isolation is used to separate people with confirmed or suspected COVID-19 from those without COVID-19. People who are in isolation should stay home until it's safe for them to be around others. At home, anyone sick or infected should separate from others, or wear a well-fitting mask when they need to be around others. People in isolation should stay in a specific "sick room" or area and use a separate bathroom if available.

² If Your COVID-19 Symptoms are Getting Worse:

Look for emergency warning signs* for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Pale, gray, or blue-colored skin, lips, or nail beds, depending on skin tone

- *This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.
- Call 911 or call ahead to your local emergency facility: Notify the operator that you are seeking care for someone who has or may have COVID-19.

³ Ending isolation for people who were severely ill with COVID-19 or have a weakened immune system (immunocompromised):

People who are severely ill with COVID-19 (including those who were hospitalized or required intensive care or ventilation support) and people with compromised immune systems might need to isolate at home longer. They may also require testing with a viral test to determine when they can be around others. CDC recommends an isolation period of at least 10 and up to 20 days for people who were severely ill with COVID-19 and for people with weakened immune systems. Consult with your healthcare provider about when you can resume being around other people.

⁴ If you are a Health Care Worker who Tested Positive for COVID-19:

If you are a health care worker and tested positive for COVID-19 there may be different guidance that applies to you. Please talk with your employer to determine isolation guidance.

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